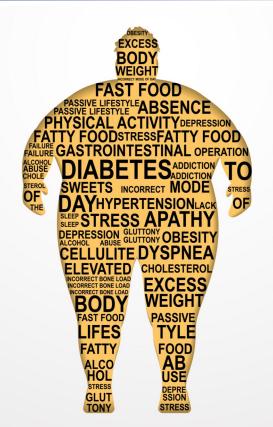
Diabetes Awareness Month

Bermuda Hospitals Board's Diabetes, Respiratory, Endocrine and Metabolism (DREAM) Centre presents a FREE public talk

The Dilemma of Weight Loss



Learn from science why we gain weight and why losing and maintaining weight can be difficult.

Topics that will be discussed include the body, food, medications, surgery and mindfulness practices designed to help you start taking action for a healthier you.

When: Wednesday 14 November 2018

Presenter: Amy Freeth, MD, BHB Locum Endocrinologist

Where: BHB Resource Centre, Ground Floor, General Wing, King

Edward VII Memorial Hospital

Time: 6pm-7pm

For more information call the DREAM Centre 239-2027

