

# It's safe to donate blood during COVID-19 and it's critical for patients

Patients depend on these lifesaving donations. Every day blood products are needed for patients undergoing surgery, cancer treatments, and to save lives following traumas. To help every patient, we require the ongoing generosity and commitment of donors.

Donating blood in Bermuda continues to be safe. Our robust cleaning and infection-control practices protect all donors, staff and volunteers. All prospective donors are also carefully screened for any symptoms of illness, including very mild ones. This screening occurs during both appointment booking and upon arrival at the donor centre. Those with any symptoms are not allowed to donate blood and are instructed not to visit.

Our screening measures are evolving in line with public health recommendations and the changing dynamics of the COVID-19 outbreak. We ask donors who have recently travelled outside of Bermuda to call 236 5067 when booking their appointment to confirm they are eligible.

These measures help ensure our donor centre remains an area of wellness within Bermuda's health system. The Blood Donor Centre is not a place where sick people gather.

We urge all healthy eligible donors to book and keep appointments.

Please Note:

- **Anyone asked by public health to place themselves under observation or self-quarantine is not allowed to donate for 28 days from the date of their last contact with a case or suspected case of COVID-19.**
- **Anyone with a case or suspected case in their household cannot donate for 28 days after the infected person's recovery.**
- **Anyone with a confirmed case of COVID-19 is not allowed to donate for 56 days after full recovery from the infection.**

Call The Bermuda Blood Donor Centre on 236-5067  
Clinic hours: Monday - Thursday 8:30am to 2:30pm  
Friday 8:30am to 1pm



**Be a Bermuda  
Blood Donor**