

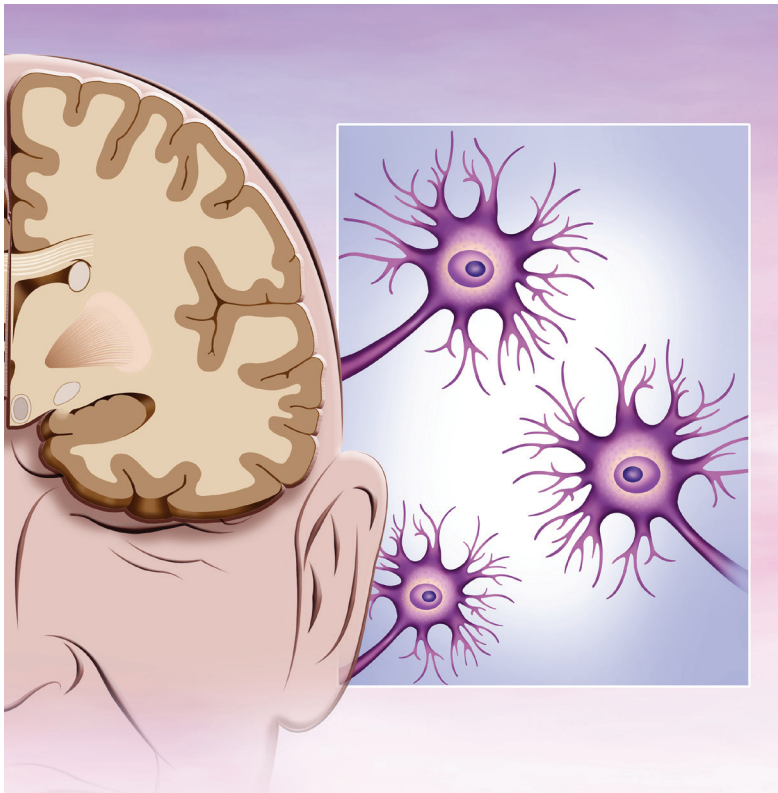


Bermuda Hospitals Board

Dementia

Normal Aging vs Not Normal Aging

Dementia does not equal aging. Not all memory problems are related to early Alzheimer disease. Some problems are expected from normal aging, and do not signify a progressive dementia.

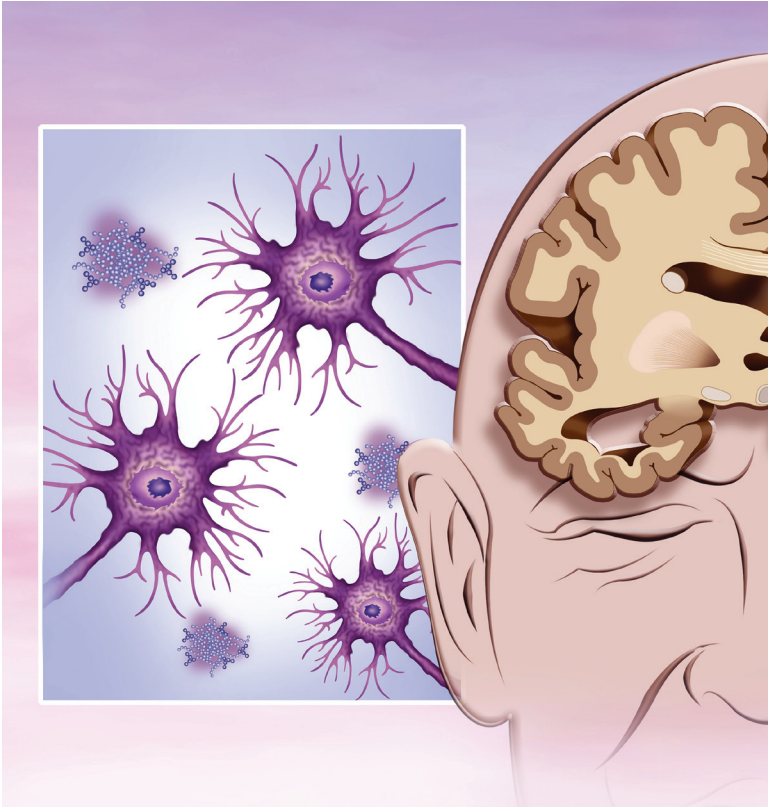


NORMAL AGING:

- Makes bad decision once in a while
- Misses a monthly payment
- Forgets dates but remembers when cued
- Forgets words sometimes
- Loses things from time to time
- Forgets occasionally but remembers when cued
- May know the person but not recall the name

Dementia

Normal Aging vs Not Normal Aging



NOT NORMAL AGING:

- Consistent poor judgment and decisions
- Managing monthly bills becomes overwhelming
- Loses track of date, time and season
- Has difficulty engaging in a conversation
- Misplaces things and completely forgets about them
- Questions repetitively
- Gets lost in familiar spaces
- Displays odd or inappropriate behaviours
- Forgets recent events
- Repeatedly falls or loses balance
- Personality changes
- Changes in hygiene
- Increased apathy
- Language ability and comprehension declines
- Loss of appetite
- Ability to plan and to organise declines