

PSA Screening Guidelines



01 Recommend patient for screening based on criteria

Patient has **symptoms**

GP recommends screening :

- *Black men or family history of prostate cancer:* screening is recommended starting at **age 40**
- *Other patients:* screening is recommended starting at **age 50**
- Always consider life expectancy

02 Educate patient prior to screening

Educate patient on the **risks and benefits** of screening

03 Conduct a PSA test
Ideally as part of the patient's annual physical

Conduct a **PSA test**, ensuring it is performed at least:

72 hours after ejaculation

6 weeks after any Digital Rectal Exam

6 weeks after UTI symptoms resolve

6 weeks after febrile illness recovery (flu, COVID)

04 Assess PSA test result

Assess result against any **previous testing**, if applicable, and compare to **age-specific thresholds**:

Age (years)	PSA value (ng/ml)
40 - 49	≥ 2.5
50 - 59	≥ 3.5
60 - 69	≥ 4.5
≥ 70	≥ 5

If patient has been prescribed 5-alpha reductase inhibitors for more than 6 months, double the reported PSA result.

05 Recommend appropriate follow-up actions

Result is **below** threshold

Result is **above** threshold

Symptomatic patient:
Manage LUTS, consider urology referral

Asymptomatic patient:
Reassure patient and repeat PSA annually

Patient is aged 40-70:
Refer to urology

Patient is aged 70+:
Assess LUTS, repeat PSA, and refer to urology

If GP considers imagery to be necessary (MRI or TRUS), consider discussing with urology first



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The current PSA screening guidelines recommend using the following CPT codes:

- 84152
- 84153
- 84154
- G0103